

Scale exercises

Major

3 notes per string - shape 1

F major

G major

A major

B major

C major

D major

E major

F major

3 5 6 3 5 6 3 5 7 3 5 7 5 6 8 5 6 8

G major

5 7 8 5 7 8 5 7 9 5 7 9 7 8 10 7 8 10

A major

7 9 10 7 9 10 7 9 11 7 9 11 9 10 12 9 10 12

B major

9 11 12 9 11 12 9 11 13 9 11 13 11 12 14 11 12 14

C major

10 12 13 10 12 13 10 12 14 10 12 14 12 13 15 12 13 15

D major

12 14 15 12 14 15 12 14 16 12 14 16 14 15 17 14 15 17

E major

14 16 17 14 16 17 14 16 18 14 16 18 16 17 19 16 17 19

F major

5 6 8 5 7 8 5 7 8 5 7 9 6 8 10 6 8 10

G major

7 8 10 7 9 10 7 9 10 7 9 11 8 10 12 8 10 12

A major

9 10 12 9 11 12 9 11 12 9 11 13 10 12 14 10 12 14

B major

11 12 14 11 13 14 11 13 14 11 13 15 12 14 16 12 14 16

C major

12 13 15 12 14 15 12 14 15 12 14 16 13 15 17 13 15 17

D major

14 15 17 14 16 17 14 16 17 14 16 18 15 17 19 15 17 19

E major

16 17 19 16 18 19 16 18 19 16 18 20 17 19 21 17 19 21

F major

6 — 8 — 10 — 7 — 8 — 10 — 7 — 8 — 10 — 7 — 9 — 10 — 8 — 10 — 11 — 8 — 10 — 12

G major

8 — 10 — 12 — 9 — 10 — 12 — 9 — 10 — 12 — 9 — 11 — 12 — 10 — 12 — 13 — 10 — 12 — 14

A major

10 — 12 — 14 — 11 — 12 — 14 — 11 — 12 — 14 — 11 — 13 — 14 — 12 — 14 — 15 — 12 — 14 — 16

B major

12 — 14 — 16 — 13 — 14 — 16 — 13 — 14 — 16 — 13 — 15 — 16 — 14 — 16 — 17 — 14 — 16 — 18

C major

13 — 15 — 17 — 14 — 15 — 17 — 14 — 15 — 17 — 14 — 16 — 17 — 15 — 17 — 18 — 15 — 17 — 19

D major

15 — 17 — 19 — 16 — 17 — 19 — 16 — 17 — 19 — 16 — 18 — 19 — 17 — 19 — 20 — 17 — 19 — 21

E major

17 — 19 — 21 — 18 — 19 — 21 — 18 — 19 — 21 — 18 — 20 — 21 — 19 — 21 — 22 — 19 — 21 — 23

F major

8 — 10 — 12 — 8 — 10 — 12 — 8 — 10 — 12 — 9 — 10 — 12 — 10 — 11 — 13 — 10 — 12 — 13

G major

10 — 12 — 14 — 10 — 12 — 14 — 10 — 12 — 14 — 11 — 12 — 14 — 12 — 13 — 15 — 12 — 14 — 15

A major

12 — 14 — 16 — 12 — 14 — 16 — 12 — 14 — 16 — 13 — 14 — 16 — 14 — 15 — 17 — 14 — 16 — 17

B major

14 — 16 — 18 — 14 — 16 — 18 — 14 — 16 — 18 — 15 — 16 — 18 — 16 — 17 — 19 — 16 — 18 — 19

C major

15 — 17 — 19 — 15 — 17 — 19 — 15 — 17 — 19 — 16 — 17 — 19 — 17 — 18 — 20 — 17 — 19 — 20

D major

17 — 19 — 21 — 17 — 19 — 21 — 17 — 19 — 21 — 18 — 19 — 21 — 19 — 20 — 22 — 19 — 21 — 22

E major

19 — 21 — 23 — 19 — 21 — 23 — 19 — 21 — 23 — 20 — 21 — 23 — 21 — 22 — 24 — 21 — 23 — 24

F major

Diagram showing the F major scale (one flat) using the 3 notes per string shape. The treble clef staff shows the scale ascending and descending. The bass clef staff shows the fret numbers for the strings: T (Treble), A (4th), B (5th).

Treble clef: 3 notes per string shape (F, G, A, B, C, D, E, F).

Bass clef: 10-12-13, 10-12-13, 10-12-14, 10-12-14, 11-13-15, 12-13-15.

G major

Diagram showing the G major scale (two sharps) using the 3 notes per string shape. The treble clef staff shows the scale ascending and descending. The bass clef staff shows the fret numbers for the strings: T (Treble), A (4th), B (5th).

Treble clef: 3 notes per string shape (G, A, B, C, D, E, F#, G).

Bass clef: 12-14-15, 12-14-15, 12-14-16, 12-14-16, 13-15-17, 14-15-17.

A major

Diagram showing the A major scale (three sharps) using the 3 notes per string shape. The treble clef staff shows the scale ascending and descending. The bass clef staff shows the fret numbers for the strings: T (Treble), A (4th), B (5th).

Treble clef: 3 notes per string shape (A, B, C, D, E, F#, G, A).

Bass clef: 14-16-17, 14-16-17, 14-16-18, 14-16-18, 15-17-19, 16-17-19.

B major

Diagram showing the B major scale (four sharps) using the 3 notes per string shape. The treble clef staff shows the scale ascending and descending. The bass clef staff shows the fret numbers for the strings: T (Treble), A (4th), B (5th).

Treble clef: 3 notes per string shape (B, C, D, E, F#, G, A, B).

Bass clef: 16-18-19, 16-18-19, 16-18-20, 16-18-20, 17-19-21, 18-19-21.

C major

Diagram showing the C major scale (no sharps or flats) using the 3 notes per string shape. The treble clef staff shows the scale ascending and descending. The bass clef staff shows the fret numbers for the strings: T (Treble), A (4th), B (5th).

Treble clef: 3 notes per string shape (C, D, E, F, G, A, B, C).

Bass clef: 17-19-20, 17-19-20, 17-19-21, 17-19-21, 18-20-22, 19-20-22.

D major

Diagram showing the D major scale (two sharps) using the 3 notes per string shape. The treble clef staff shows the scale ascending and descending. The bass clef staff shows the fret numbers for the strings: T (Treble), A (4th), B (5th).

Treble clef: 3 notes per string shape (D, E, F#, G, A, B, C#, D).

Bass clef: 19-21-22, 19-21-22, 19-21-23, 19-21-23, 20-22-24, 21-22-24.

E major

Diagram showing the E major scale (three sharps) using the 3 notes per string shape. The treble clef staff shows the scale ascending and descending. The bass clef staff shows the fret numbers for the strings: T (Treble), A (4th), B (5th).

Treble clef: 3 notes per string shape (E, F#, G#, A, B, C#, D#, E).

Bass clef: 9-11-12, 9-11-12, 9-11-13, 9-11-13, 10-12-14, 11-12-14.

F major

12 — 13 — 15 12 — 13 — 15 12 — 14 — 15 12 — 14 — 15 13 — 15 — 17 13 — 15 — 17

G major

14 — 15 — 17 14 — 15 — 17 14 — 16 — 17 14 — 16 — 17 15 — 17 — 19 15 — 17 — 19

A major

16 — 17 — 19 16 — 17 — 19 16 — 18 — 19 16 — 18 — 19 17 — 19 — 21 17 — 19 — 21

B major

18 — 19 — 21 18 — 19 — 21 18 — 20 — 21 18 — 20 — 21 19 — 21 — 23 19 — 21 — 23

C major

19 — 20 — 22 19 — 20 — 22 19 — 21 — 22 19 — 21 — 22 20 — 22 — 24 20 — 22 — 24

D major

9 — 10 — 12 9 — 10 — 12 9 — 11 — 12 9 — 11 — 12 10 — 12 — 14 10 — 12 — 14

E major

11 — 12 — 14 11 — 12 — 14 11 — 13 — 14 11 — 13 — 14 12 — 14 — 16 12 — 14 — 16